



August

Program Therapists: Vrunda & Kae

Please note all programs are subject to change and weather depending.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Gathering Room (GR) Sun Room (SR) Room to Room (RTR) 3W SunRoom (3WSR) Courtyard (CY) Common Area (CA)			 Happy Birthday! Kaye P- 17 August Norman S- 19 August Maria V- 25 August Carolanne S- 11 August Stephen A- 29 August			12:15 Calendar Delivery (RTR) 3:00 Armchair Travel (3WTV) 6:00 Things that Start with (SR)
2:00 International Snack Tasting (CA) 2 6:00 Montessori Activity (3WSR) 7:00 Friendly Visits/1:1s (RTR)	Civic Holiday 3 9:45 Mail Delivery (RTR) 1:30 Bible Study (GR) 3:30 Calendar Meeting (RTR) 	9:30 Open Gym-Restorative (Gym) 4 1:30 Restorative Mindful Motion: Mini putt (GR) 3:30 Music Therapy Group (3WDR) 3:30 DIY: Tape painting (SR)	9:45 Music Choir (GR) 5 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 6:15 Daily Chronicles (RTR)	10:00 Physio Group Exercies (SR) 6 1:30 Rosary Group (GR) 3:00 Sparkling Specs (RTR) 6:15 Courtyard Social (CY)	2:00 All Units Bingo (2WDR) 7 	11:00 Balloon Bop (CA) 8 4:00 Friendly Visits/1:1s
1:35 Toronto Blue Jays Game (GR) 9 3:30 Creative Story Telling (3WSR) 	9:45 Mail Delivery (RTR) 10 10:00 Physio Group Exercise (SR) 1:30 Bible Study (GR) 3:15 Cards and Games (SR)	Carolanne S. Birthday 11 9:30 Open Gym-Restorative (Gym) 1:30 Restorative Mindful Motion: Walking (GR) 3:30 Music Therapy Group (3WDR) 3:30 DIY: Flower Rings (SR) 6:30 Walk & Talk (CY)	9:45 Music Choir (GR) 12 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 3:00 Fancy Fingers (RTR) 6:15 Group Crossword (SR)	10:00 Physio Group Exercies (SR) 13 2:00 Indigenous Guest Speaker: R) 	9:45 Meet & Greet (CA) 14 10:30 Mental Aerobics (3WSR) 2:00 All Unit Bingo (2WDR) 3:30 Friendly Visits/1:1s (RTR)	2:00 Birthday Celebration With Zack (CY) 15 6:30 Things that Start with (SR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Cup Pong (3WSR) 16 6:00 Montessori Activity (3WSR) 7:00 Friendly Visits/1:1s (RTR)	Kaye P. Birthday 17 9:45 Mail Delivery (RTR) 10:00 Physio Group Exercise (SR) 1:30 Bible Study (GR) 3:30 Walk & Talk (CY)	9:30 Open Gym- Restorative (Gym) 18 1:30 Restorative Mindful Motion: Balance (GR) 3:30 Music Therapy Group (3WDR) 3:30 DIY: String pull Art (SR)	Norman S. Birthday 19 8:30 Fried Egg Breakfast (DR) 9:45 Music Choir (GR) 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 3:00 Sing Along (CA)	10:00 Physio Group Exercies (SR) 20 1:30 Rosary Group (GR) 2:30 Residents Council (GR)	2:00 All Units Bingo (2WDR) 21 	9:45 Hymn Sing (TV) 22 2:00 Sensory room (HRVT)
9:45 Outdoor Walks (OU) 23 1:15 Bowling (SR) 3:00 Oreo Shake (CY)	9:45 Mail Delivery 24 10:00 Physio Group Exercise (SR) 1:30 Bible Study (GR) 3:30 Group Trivia (SR)	Maria V. Birthday 25 9:30 Open Gym- Restorative (Gym) 1:30 Restorative Mindful Motion: Active Games (GR) 3:30 DIY: Lavender q-tip painting (SR) 6:30 Hymn Sing (CA)	10:30 Chapel Service (GR) 26 11:00 Catholic Communion Offering (1:1) 2:00 Sparkling Specs (RTR) 6:15 UNO (3WSR)	10:00 Physio Group Exercies (SR) 27 2:30 Rockin' with Elvis (CY) 6:30 Golden Gals: Tim Hortons Social (GR) 	9:45 Meet & Greet (CA) 28 10:15 Balloon Bop (3WSR) 2:00 All Unit Bingo (2WDR) 3:30 Friendly Visits/1:1s (RTR)	Stephen A. Birthday 29 3:30 Farmers Market Tasting! (CY) 
10:00 Virtual Church Service (TV) 30 11:30 Colouring Therapy (SR) 4:00 Outdoor Walks (OU)	9:45 Mail Delivery 31 10:00 Physio Group Exercise (SR) 1:30 Bible Study (GR) 3:00 Calendar Delivery (RTR)					