

August 2026

Mill Creek Care Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Locations Legend</u> Gathering Room (GR) Sun Room (SR) Common Area (CA) 2 West TV Room (2WTV) 2W Dining Room (2WDR) Courtyard (CY) Physiotherapy Room (Gym) (Gym) Specialized/1:1 (1:1) Room to Room (RTR) Resident Room (RR) 2 west sunroom (2Ws) Off Site (OS) 2 East sun room (2ESR) 2 East Dining Room (2EDR) Dining Room (DR)					Independent Leisure 1
Independent Leisure 2	Civic Holiday 3 10:30 Trivia (RR) 1:30 Bible Study (GR) 3:30 Colouring Therapy (SR)	4 9:30 Open Gym-Restorative (Gym) 9:45 Music Therapy Group (SR) 1:30 Restorative Mindful Motion: Active Game (GR) 3:30 DIY: Tape painting (SR)	5 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 4:00 Balloon Bop (CA)	6 11:00 Group Exercise (2Ws) 1:30 Rosary Group (GR) 6:30 Caregivr Virtual Reality Experience (CA)	7 10:15 Group Exercise (2WTV) 2:00 All Units Bingo (2WDR) 4:00 Hymn Sing (CA) 6:15 Aromatherapy (RTR)	8 10:15 Fancy Fingers 3:00 Scrabbles and Popsicles (CY)
10:30 What Am I (RR) 1:35 Toronto Blue Jays Game (GR) 9	1:30 Bible Study (GR) 3:00 Group Crossword (SR) 6:15 Sparkling Specs (RTR) 10	9:30 Open Gym-Restorative (Gym) 9:45 Music Therapy Group (SR) 1:30 Restorative Mindful Motion: Walking (GR) 2:00 Bingo (2WDR) 3:30 DIY: Flower Rings (SR) 11	9:45 Music Choir (GR) 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 3:00 Daily Chronicle 12	Happy Birthday Millie 13 11:00 Group Exercise (2WTV) 1:30 Outing: Walmart (OS) 2:00 Indigenous Guest Speaker: Jennifer (GR)	14 10:15 Group Exercise (2WTV) 2:00 All Unit Bingo (2WDR) 4:00 Hymn Sing (CA)	Independent Leisure 15 2:00 Birthday Celebration With Zack (CY)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Independent Leisure Happy Birthday Kevan 16	10:30 Balloon Bop (CA) 17 1:30 Bible Study (GR) 3:30 Montessori	9:30 Open Gym-Restorative (Gym) 18 9:45 Music Therapy Group (SR) 10:00 Art with Olivia (2ESR) 1:30 Restorative Mindful Motion: Balance (GR) 2:00 Bingo (2WDR) 3:30 DIY: String pull Art (SR)	9:45 Music Choir (GR) 19 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1)	11:00 Group Exercise (2WTV) 20 1:30 Rosary Group (GR) 2:30 Residents Council (GR)	10:15 Group Exercise (2WTV) 21 2:00 All Units Bingo (2WDR) 4:00 Hymn Sing (CA)	10:30 Bean Bag Toss (SR) 22 2:00 Movie Matinee (2EDR)
10:15 Balloon Bop (CA) 23 11:00 Sing Along (CA) 3:00 Oreo Shake (CY)	Happy Birthday Bill. B 24 1:30 Bible Study (GR) 3:30 Arts and Crafts (SR) 6:15 Friendly Visits/1:1s (RTR)	9:30 Open Gym-Restorative (Gym) 25 1:30 Restorative Mindful Motion: Active Games (GR) 2:00 Bingo (2WDR) 3:30 DIY: Lavender q-tip painting (SR)	8:30 Fried Egg Breakfast (DR) 26 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (1:1) 3:00 Your wish will be done (RR)	11:00 Group Exercise (2WTV) 27 2:30 Rockin' with Elvis (CY) 6:30 Golden Gals: Tim Hortons Social (GR)	10:15 Group Exercise (2WTV) 28 2:00 All Unit Bingo (2WDR) 3:30 Walk & Talk	10:00 Resident's choice 29 11:00 Hymn Sing (CA) 3:30 Farmers Market Tasting! (CY)
11:00 Sing Along (CA) 30 1:30 Watering the Plants 3:30 Friendly Visits/1:1s	10:30 Resident's choice 31 1:30 Bible Study (GR) 3:30 Calendar Delivery					