

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Canada Day 1 10:30 Chapel Service 11:00 Catholic Communion Offering 2:00 Daily Chronicle delivery 6:30 Canada Day Celebration with Marcus	9:30 Friendly Visits 2 11:00 Group Exercise 1:30 Fancy Fingers 3:30 Walk & Talk	10:00 Helping Hands 3 10:15 Group Exercise 2:00 All Unit Bingo	Independent Leisure Supplies are available in the Sun Room 4
Independent Leisure Supplies are available in the Sun Room 5 6:15 Active Games	10:30 Active Games 6 1:30 Bible Study 3:30 Bingo	9:30 Open Gym-Restorative 7 10:45 Music Therapy Group 1:30 Restorative Mindful Motion: Balance 3:30 DIY: Strawberry Sundae Day 6:30 Jeopardy Night!	9:15 Meet and Greet 8 9:45 Music Choir 10:30 Chapel Service 11:00 Catholic Communion Offering	9:30 Friendly Visits 9 11:00 Group Exercise 1:30 Rosary Group 6:30 Pub Night with Eric Kidd	10:15 Group Exercise 10 2:00 All Units Bingo	10:30 Balloon Badminton 11 2:00 Scrabble Day 3:00 Aromatherapy
10:30 Group Crossword 12 1:30 Daily Chronicle Delivery 3:30 Residents calendar meeting	10:00 Golden Gals: Self-Care Soirée 13 1:30 Bible Study	9:30 Open Gym-Restorative 14 10:45 Music Therapy Group 3:30 DIY: Memorial Cards 6:30 Bingo	9:15 Meet and Greet 15 9:45 Music Choir 10:30 Catholic Mass 11:00 Catholic Communion Offering	9:30 Friendly Visits 16 11:00 Group Exercise 2:30 Residents Council 3:30 Fancy Fingers	10:15 Group Exercise 17 12:00 Meal Club: Swiss Chalet 2:00 All Unit Bingo	Independent Leisure Supplies are available in the Sun Room 18 10:00 Word Games

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Independent Leisure Supplies are available in the Sun Room 3:30 Outdoor Walks 19	10:00 Sing Along 1:30 Bible Study 3:00 Walk & Talk 20	9:30 Open Gym- Restorative 10:45 Music Therapy Group 1:30 Restorative Mindful Motion: Walking 3:30 DIY: Bell Windchime 6:30 Jeopardy Night 21	8:30 Fried Egg Breakfast 9:15 Meet and Greet 9:45 Music Choir 10:30 Chapel Service 11:00 Catholic Communion Offering 22	9:30 Friendly Visits 11:00 Group Exercise 1:30 Rosary Group 3:00 Men's Group: WoodWorking 23	10:15 Group Exercise 2:00 All Units Bingo 24	10:30 Bingo 2:30 Oops It's Science: The Curiosity Club 4:30 aromatherapy 25
10:30 Virtual Reality Time 2:00 Movie Matinee 3:00 Resident's choice 26	1:30 Bible Study 27 	9:30 Open Gym- Restorative 1:30 Restorative Mindful Motion: Balance 3:30 DIY: Friendship bracelets 6:30 Bingo 6:30 Birthday Celebration with Jay Franco 28	10:30 Chapel Service 11:00 Catholic Communion Offering 2:00 MCCC Car Show 29	International Day of Friendship 9:30 Friendly Visits 11:00 Group Exercise 2:30 Friendship Day Social 4:00 Aromatherapy 30	10:00 Daily chronicle Delivery 10:15 Group Exercise 2:00 All Unit Bingo 31	

Locations Legend

Gathering Room	Dining Room
Sun Room	Physiotherapy Room (Gym)
Room to Room	2 East sun room
2 West TV Room	Resident Room
2W Dining Room	TV Room
Specialized/1:1	Parking Lot
Courtyard	

