

3 West



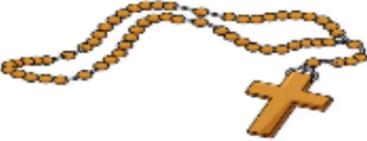
Program Therapist:
Vrunda

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2:00 Activity Calendar Distribution (RTR) 1</p> <p>3:00 Chair Yoga (3WSR)</p> <p>4:00 Armchair Travel (3WTV)</p> <p>6:00 Colouring Therapy (SR)</p>	<p>10:00 Physio Group Exercise (SR) 2</p> <p>10:00 Morning News (CA)</p> <p>1:30 Bible Study (GR)</p> <p>3:00 Group Trivia (SR)</p> <p>4:00 Friendly Visits/1:1s (RTR)</p>	<p>9:30 Specialized Neurogym (CA) 3</p> <p>2:45 Meet & Greet: Music Therapist (CA)</p> <p>3:30 Drop in - Art and Craft Class: Jewellery Making (2ESR)</p>	<p>10:30 Chapel Service (GR) 4</p> <p>11:00 Catholic Communion Offering (*)</p> <p>4:00 Friendly Visits/1:1s (RTR)</p> <p>6:00 Fancy Fingers (RTR)</p>	<p>10:00 Physio Group Exercises (SR) 5</p> <p>1:30 Rosary Group (GR)</p> <p>3:00 Creative Story Telling (3WTV)</p> <p>3:30 Spring & St.Patrick Decorating (3WSR)</p> <p>6:00 Movie Time (3WTV)</p>	<p>10:00 Cards Club (RTR) 6</p> <p>10:45 Inspirational Reading (TV)</p> <p>1:00 Friendly Visits/1:1s (RTR)</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:30 Hot Chocolate Social (3WSR)</p>	<p>10:00 Morning News (CA) 7</p> <p>11:00 Strum & Smile (3WSR)</p> <p>2:00 Fascinating Facts (3WSR)</p> <p>3:15 Entertainment with Brent Meidinger (1 DR)</p> 
<p>Daylight Savings Begins 8</p> <p>10:00 International Women's Day Trivia (3WSR)</p> <p>2:00 You Be The Judge (3WSR)</p> <p>3:00 SENSE-sational (SR)</p> <p>4:00 Friendly Visits/1:1s (RTR)</p>	<p>9:45 Meet & Greet (RTR) 9</p> <p>10:00 Physio Group Exercise (SR)</p> <p>10:15 Mail Delivery/Friendly Visits/1:1s (RTR)</p> <p>11:00 Sing Along (CA)</p> <p>1:30 Bible Study (GR)</p> <p>1:45 Montessori Activity (SR)</p> <p>3:00 Active Games (3WDR)</p> <p>4:00 Reminiscence (3WTV)</p> <p>4:00 Sparkling Specs (RTR)</p>	<p>9:30 Specialized Neurogym (CA) 10</p> <p>9:45 Music Choir (GR)</p> <p>2:00 Balloon Toss (3WSR)</p> <p>3:30 Drop in - Art and Craft Class: Scapbooking (2ESR)</p> <p>6:00 Montessori (3WSR)</p> <p>6:30 Sparkling Specs (RTR)</p>	<p>8:30 Fried Egg Breakfast (DR) 11</p> <p>10:30 Chapel Service (GR)</p> <p>11:00 Catholic Communion Offering (*)</p> <p>1:30 International Women's Day Spa (CB)</p> 	<p>10:00 Physio Group Exercises (SR) 12</p> <p>1:30 Rosary Group (GR)</p> 	<p>10:00 Music and Movement (3WSR) 13</p> <p>11:00 Sing Along (CA)</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:30 Group Trivia (3WTV)</p> 	<p>1:15 Meet & Greet (CA) 14</p> <p>2:00 Birthday Celebration with Eric Kidd (3EDR)</p> <p>4:00 Friendly Visits/1:1s (RTR)</p> <p>6:00 Movie Time (3WTV)</p>
<p>10:30 Irish Dancers (2EDR) 15</p> <p>2:00 Painting: Fun Q-tip (SR)</p> <p>3:30 Creative Story Telling (3WTV)</p> <p>4:30 Wheel Of Fortune (3WSR)</p> 	<p>10:00 Physio Group Exercise (SR) 16</p> <p>10:00 Matching Cards (RTR)</p> <p>1:30 Bible Study (GR)</p> <p>3:00 Active Games: Bowling (3WSR)</p>	<p>St. Patrick's Day 17</p> <p>9:30 Specialized Neurogym (CA)</p> <p>9:45 Music Choir (GR)</p> <p>2:45 Music Therapy Group (CA)</p> <p>3:00 St.Patrick's Day Armchair Travel (CA)</p>	<p>10:30 Catholic Mass (GR) 18</p> <p>2:30 Memorial Service (TGP)</p> <p>4:00 Mental Aerobics (RTR)</p> <p>6:00 Creative Story Telling (3WTV)</p> <p>7:00 Program Planning for April (CA)</p>	<p>10:00 Physio Group Exercises (SR) 19</p> <p>1:30 Rosary Group (GR)</p> <p>2:30 Residents Council (GR)</p> <p>3:00 Easter Gardens (3EDR)</p> <p>6:00 Friendly Visits/1:1s (RTR)</p>	<p>10:00 Morning Stretch (3WSR) 20</p> <p>11:00 Bracelet Making (3WSR)</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:30 St.Patrick Day Decor Takedown (3WTV)</p> 	<p>Leona.L Birthday 21</p> <p>10:00 Morning Stretch (3WSR)</p> <p>11:00 Inspirational Reading (3WTV)</p> <p>3:00 Armchair Travel (3WTV)</p> <p>4:00 Healthy Hands (RTR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Arts and Crafts (SR) 22</p> <p>11:00 Hymn Sing (3WTV)</p> <p>2:00 Things that Start with (SR)</p> <p>4:00 Sparkling Specs (RTR)</p> 	<p>10:00 Physio Group Exercise (SR) 23</p> <p>10:00 Mental Aerobics (3WTV)</p> <p>1:30 Bible Study (GR)</p> <p>3:00 Easter Decoration (3WTV)</p> 	<p>9:30 Specialized Neurogym (CA) 24</p> <p>9:45 Music Choir (GR)</p> <p>2:00 Group Crossword (SR)</p> <p>2:45 Music Therapy Group (CA)</p> <p>3:30 Drop in - Art and Craft Class: Pottery Painting (2ESR)</p> <p>6:00 Fancy Fingers (RTR)</p>	<p>10:30 Chapel Service (GR) 25</p> <p>11:00 Catholic Communion Offering (*)</p> <p>2:00 Group Trivia (SR)</p> <p>3:00 Balloon Bop (CA)</p> <p>6:00 Things that Start with (3WTV)</p>	<p>10:00 Physio Group Exercises (SR) 26</p> <p>1:30 Rosary Group (GR)</p> 	<p>10:00 Name That Tune (3WTV) 27</p> <p>11:00 You Be The Judge (3WTV)</p> <p>2:00 All Units Bingo (2WDR)</p> <p>4:00 Sing Along (CA)</p>	<p>2:00 Bowling (3WSR) 28</p> <p>3:00 Fascinating Facts (3WTV)</p> <p>4:00 Hymn Sing (3WTV)</p> <p>6:00 Cards Club (RTR)</p> 
<p>2:00 Pool Noodle Exercise (CA) 29</p> <p>3:00 Armchair Travel (3WTV)</p> <p>4:00 Walk & Talk (CA)</p> <p>6:00 Healthy Hands (RTR)</p>	<p>9:45 Morning News (CA) 30</p> <p>10:00 Physio Group Exercise (SR)</p> <p>1:30 Bible Study (GR)</p> <p>3:00 Colouring Therapy (SR)</p> <p>4:00 Would You Rather? (3WTV)</p>	<p>9:30 Specialized Neurogym (CA) 31</p> <p>9:45 Music Choir (GR)</p> <p>10:30 Bingo (DR)</p> <p>2:00 MenuFest (GR)</p> <p>2:45 Music Therapy Group (CA)</p>	 <p>HELLO April</p>		<p>Welcome Spring!</p> <p>Isaiah 61:11</p> <p>For as the soil makes the sprout come up and a garden causes seeds to grow, so the Sovereign Lord will make righteousness and praise spring up before all nations.</p> 	

Locations Legend

3 West TV Room (3WTV)	2W Dining Room (2WDR)	TV Room (TV)	2 East Dining Room (2EDR)
Common Area (CA)	2 East sun room (2ESR)	1 West Dining Room (1 DR)	Tollendale Gathering Place (TGP)
Room to Room (RTR)	Specialized/1:1 (*)	3W Dining Room (3WDR)	
Sun Room (SR)	Dining Room (DR)	Celebration Room (CB)	
Gathering Room (GR)	3E Dining Room (3EDR)		
3W SunRoom (3WSR)			

Program Locations, Times and Dates

May change due to Unforeseen Circumstances and Weather Depending



Leona.L - March 21st