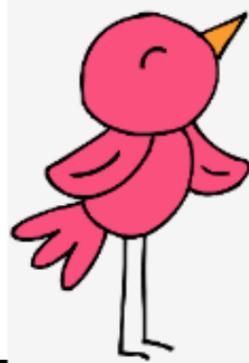


March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Independent leisure¹ available in sunroom</p> 	<p>1:30 Bible Study 2 (GR) 3:00 Group Exercise (TV)</p> 	<p>10:30 Specialized Neurogym (CA) 3 1:30 Meet & Greet: Music Therapist (CA) 2:30 Bingo (SR) 3:30 Drop in - Art and Craft Class: Jewellery Making (2ESR) 6:30 Sunset Stretch (CA)</p> 	<p>9:45 Physio Group Exercise (SR) 4 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (*) 4:00 Sparkling Specs (RTR)</p>	<p>1:30 Rosary Group 5 (GR) 3:00 Shamrock Strolls (CA) 3:45 Decorating for St.Patrick's Day (CA)</p> 	<p>10:30 Calendar Planning Meeting 6 (RTR) 2:00 All Units Bingo (2WDR) 3:45 Decorating For St.Patrick's Day (CA)</p> 	<p>3:15 Entertainment⁷ with Brent Meidinger (1 DR)</p> 
<p>Daylight Savings Begins⁸ 1:30 Women in Music Sing Along (CA) 3:00 Ladies Tea & Hand Massage (RTR) 4:15 Colouring Therapy (SR) 6:30 This or That - Women Through the Years (SR)</p>	<p>10:00 Virtual Walkabouts: Grindelwald Switzerland (CA) 9 1:30 Bible Study (GR) 3:00 Group Exercise (TV) 4:00 Friendly Visits/1:1s (*)</p>	<p>9:45 Music Choir (GR) 10 10:30 Specialized Neurogym (CA) 10:30 Pot of Gold Treat Cart (RTR) 1:30 Music Therapy Group (CA) 2:30 Bingo (3 E) 3:30 Drop in - Art and Craft Class: Scapbooking (2ESR) 3:45 Friendly Visits/1:1s</p>	<p>8:30 Fried Egg Breakfast (DR) 11 9:45 Physio Group Exercise (SR) 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (*) 1:30 International Women's Day Spa (CB)</p>	<p>10:30 Inspirational Reading (CA) 12 11:15 Mail Delivery/Friendly Visits (RR) 1:30 Rosary Group (GR) 1:45 Mental Aerobics (TV) 3:00 St.Patrick's Day Craft (SR) 4:00 Reading Group (TV) 7:00 Lavender Pillows (RTR)</p>	<p>10:30 Hymn Sing 13 (TV) 11:15 Montessori Activity (SR) 2:00 All Units Bingo (2WDR) 4:00 Friendly Visits/1:1s (RTR)</p>	<p>10:00 Pi & Pastries Cafe (SR) 14 2:00 Birthday Celebration with Eric Kidd (3EDR) 3:45 Name that Flower (TV)</p>
<p>10:30 Irish Dancers 15 (2EDR) 2:00 Bingo (3 E) 4:00 Friendly Visits/1:1s (*)</p> 	<p>1:30 Bible Study 16 (GR) 3:00 Group Exercise (TV)</p> 	<p>St. Patrick's Day¹⁷ 9:45 Music Choir (GR) 17 10:30 Specialized Neurogym (CA) 10:30 Shamrock Puzzles (RTR) 1:30 Music Therapy Group (CA) 3:00 St.Patrick's Day Armchair Travel (CA) 3:45 Friendly Visits/1:1s</p>	<p>9:45 Physio Group Exercise (SR) 18 10:30 Catholic Mass (GR) 2:30 Memorial Service (TGP)</p>	<p>1:30 Rosary Group (GR) 19 2:30 Residents Council (GR) 3:00 Easter Gardens (3EDR) 6:30 Melodies at Dusk (SR)</p>	<p>10:30 Armchair Travel: The Netherlands (CA) 20 2:00 All Units Bingo (2WDR) 3:45 Take down St.Patrick's Decorations (CA)</p>	<p>Loraine.D Birthday²¹</p> 

March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>22</p> 	<p>23</p> <p>1:30 Bible Study (GR)</p> <p>3:00 Group Exercise (TV)</p> <p>3:45 Decorating For Easter (CA)</p> <p>4:00 Friendly Visits/1:1s (*)</p> <p>10:00 Name that Commercial (TV)</p>	<p>24</p> <p>9:45 Music Choir (GR)</p> <p>10:30 Specialized Neurogym (CA)</p> <p>10:30 Seed to Sprout (3 E)</p> <p>1:30 Music Therapy Group (CA)</p> <p>2:30 Bingo (3 E)</p> <p>3:30 Drop in - Art and Craft Class: Pottery Painting (2ESR)</p> <p>3:45 Friendly Visits/1:1s</p>	<p>25</p> <p>9:30 Mail Delivery (RTR)</p> <p>9:45 Physio Group Exercise (SR)</p> <p>10:30 Chapel Service (GR)</p> <p>11:00 Catholic Communion Offering (*)</p> <p>4:00 Sparkling Specs (RTR)</p>	<p>26</p> <p>1:30 Rosary Group (GR)</p> <p>3:30 Happy Hour: Mocktails (RTR)</p> <p>7:00 Tea & Growth (RTR)</p> 	<p>27</p> <p>10:30 Inspirational Reading (CA)</p> <p>11:15 Sparkling Specs (RTR)</p> <p>2:00 All Units Bingo (2WDR)</p> 	<p>28</p> <p>10:00 Smoothie Cart (RTR)</p> <p>12:00 Meal Club: Chinese Food *Sign up Required* (SR)</p> <p>2:00 Creative Corner (SR)</p> <p>4:00 Music and Memories (CA)</p>	
<p>29</p> <p>10:00 Game Show Hour (CA)</p> <p>1:30 Colouring Therapy (SR)</p> <p>3:00 Painting (SR)</p> 	<p>30</p> <p>10:30 Sing Along (CA)</p> <p>11:15 Friendly Visits/1:1s (RTR)</p> <p>1:30 Bible Study (GR)</p> <p>1:45 Montessori Activity (SR)</p> <p>3:00 Group Exercise (TV)</p> <p>4:00 Reading Group (TV)</p>	<p>31</p> <p>9:45 Music Choir (GR)</p> <p>10:30 Specialized Neurogym (CA)</p> <p>1:30 Music Therapy Group (CA)</p> <p>2:00 MenuFest (GR)</p> <p>4:00 Calendar Delivery</p>	<p><u>Locations Legend</u></p> <p>Common Area (CA) Gathering Room (GR) Sun Room (SR) Room to Room (RTR) TV Room (TV)</p> <p>Specialized/1:1 (*) 2W Dining Room (2WDR) 3 East sun room (3 E) 2 East sun room (2ESR)</p> <p>3E Dining Room (3EDR) 1 West Dining Room (1 DR) Dining Room (DR) Celebration Room (CB)</p> <p>Resident Room (RR) 2 East Dining Room (2EDR) Tollendale Gathering Place (TGP)</p>			<p>Program Dates, Times and Locations may change due to Unforeseen Circumstances and are Weather Depending</p>	

HAPPY BIRTHDAY

Tiffany (Programs) - March 3rd
Lorraine.D - March 21st

Welcome Spring!

Isaiah 61:11
For as the soil makes the sprout come up and a garden causes seeds to grow, so the Sovereign Lord will make righteousness and praise spring up before all nations.

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HELLO

April