

March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Inspirational Reading (CA) 1</p> <p>3:00 Fancy Fingers (*)</p> <p>4:00 Sing Along (CA)</p>	<p>10:30 Mental Aerobics (SR) 2</p> <p>1:30 Bible Study (GR)</p> <p>1:45 Active Games (SR)</p> <p>2:30 Friendly Visits/1:1s (RTR)</p>	<p>10:45 Meet & Greet: Music Therapist (TV) 3</p> <p>1:45 Group Crossword (SR)</p> <p>3:00 Neurogym (CA)</p> <p>3:30 Drop in - Art and Craft Class: Jewellery Making (2ESR)</p> <p>6:15 Walk and Talk (CY)</p> <p>7:00 Friendly Visits/1:1s (RTR)</p>	<p>10:30 Chapel Service (GR) 4</p> <p>11:00 Catholic Communion Offering (*)</p> <p>1:30 Mail Delivery (RTR)</p> <p>4:15 Balloon Bop (CA)</p> <p>6:30 Movie Time (CA)</p> <p>7:15 Helping Hands (SR)</p>	<p>12:45 Mail Delivery (RTR) 5</p> <p>1:15 Group Exercises (CA)</p> <p>1:30 Rosary Group (GR)</p> <p>2:15 Hymn Sing (CA)</p> <p>3:00 Easter Gardens with Sharon (1 W)</p>	<p>1:30 Group Exercise (CA) 6</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:30 Sparkling Specs (RTR)</p> <p>4:00 Library Cart (1 W)</p> <p>6:30 Walk & Talk Reminiscing (OU)</p>	<p>9:45 Inspirational Reading (TV) 7</p> <p>11:00 Sparkling Specs (RTR)</p> <p>3:15 Entertainment with Brent Meidinger (1 DR)</p>
<p>Daylight Savings Begins 8</p> <p>10:00 Daily Chronicles (RTR)</p> <p>11:00 Active Games (CA)</p> <p>3:30 Ladies Pamper session: Manicures and hand massages (RTR)</p>	<p>11:00 Sing Along (CA) 9</p> <p>1:30 Bible Study (GR)</p> <p>2:30 Mail Delivery (RTR)</p> <p>3:00 Reading Club (TV)</p> <p>6:15 Helping Hands (CA)</p> <p>7:00 Cool Down Cart (RTR)</p>	<p>9:45 Music Choir (GR) 10</p> <p>10:45 Music Therapy Group (TV)</p> <p>2:00 Bingo (DR)</p> <p>3:00 Neurogym (CA)</p> <p>3:30 Drop in - Art and Craft Class: Scapbooking (2ESR)</p> <p>6:15 Walk and Talk (CY)</p> <p>6:45 Colouring Therapy (SR)</p>	<p>10:30 Chapel Service (GR) 11</p> <p>11:00 Catholic Communion Offering (*)</p> <p>1:30 International Women's Day Spa (CB)</p> <p>3:00 Daily Chronicles Delivery (RTR)</p> <p>4:15 Balloon Bop (CA)</p> <p>6:00 Fancy Fingers (CA)</p>	<p>1:15 Group Exercises (CA) 12</p> <p>1:30 Rosary Group (GR)</p> <p>2:15 Hymn Sing (CA)</p>	<p>1:30 Group Exercise (CA) 13</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:00 Sparkling Specs (RTR)</p> <p>6:30 Walk & Talk Reminiscing (OU)</p> <p>7:00 Helping Hands (*)</p>	<p>9:45 Morning News (CA) 14</p> <p>10:30 Friendly Visits/1:1s (RTR)</p> <p>1:00 Puzzles (CA)</p> <p>2:00 Birthday Celebration with Eric Kidd (3EDR)</p>
<p>9:45 Sing Along (CA) 15</p> <p>10:30 Irish Dancers (2EDR)</p> <p>3:00 Balloon Bop (CA)</p> <p>4:15 Daily Chronicle Delivery (RTR)</p>	<p>Independent Leisure Activities (R) 16</p> <p>1:30 Bible Study (GR)</p>	<p>St. Patrick's Day 17</p> <p>9:45 Music Choir (GR)</p> <p>10:45 Music Therapy Group (TV)</p> <p>1:45 Group Crossword (SR)</p> <p>3:00 Neurogym (CA)</p> <p>3:00 St. Patrick's Day Armchair Travel (CA)</p> <p>6:30 Movie Time (CA)</p>	<p>10:30 Catholic Mass (GR) 18</p> <p>1:30 Mail Delivery (RTR)</p> <p>2:30 Memorial Service (TGP)</p> <p>3:30 Unit Tidying! (CA)</p> <p>4:15 Balloon Bop (CA)</p> <p>6:00 Decorating For Easter! (CA)</p>	<p>1:15 Group Exercises (CA) 19</p> <p>1:30 Rosary Group (GR)</p> <p>2:00 Music Therapy Group (CA)</p> <p>2:30 Residents Council (GR)</p> <p>4:00 Arts and Crafts (SR)</p> <p>6:00 Helping Hands (RTR)</p>	<p>1:30 Group Exercise (CA) 20</p> <p>2:00 All Units Bingo (2WDR)</p> <p>3:45 Sparkling Specs (RTR)</p> <p>4:15 Walk & Talk Reminiscing (*)</p> <p>6:30 Movie Time (CA)</p>	<p>Independent Leisure Activities (R) 21</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sing Along 22 (CA) 11:15 Reading Club (TV) 4:15 Daily Chronicle Delivery (RTR)	12:45 Mail Delivery 23 (RTR) 1:30 Bible Study (GR) 3:00 Doll Therapy (RTR) 4:00 Balloon Bop (CA) 6:30 Family Calls & Connections (RTR)	9:45 Music Choir (GR) 24 10:45 Music Therapy Group (TV) 1:30 Inspirational Reading (RTR) 3:00 Neurogym (CA) 3:30 Drop in - Art and Craft Class: Pottery Painting (2ESR) 6:15 Walk and Talk (CY) 7:15 Friendly Visits/1:1s (RTR)	8:30 Fried Egg Breakfast (DR) 25 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (*) 12:45 Mail Delivery (RTR) 2:00 Balloon Bop (CA)	1:15 Group Exercises 26 (CA) 1:30 Rosary Group (GR) 2:15 Chair Yoga (TV)	1:30 Group Exercise (CA) 27 2:00 All Units Bingo (2WDR) 3:30 Sparkling Specs (RTR) 4:15 Walk & Talk Reminiscing (*) 6:30 Movie Time (CA)	9:45 Morning News (CA) 28 11:00 Morning Stretch (RTR) 1:45 Bingo (DR) 3:30 Arts and Crafts (SR)

Happy Birthday 29 Johanna Stewart (*) 10:00 Sing Along (CA) 11:00 Colouring Therapy (SR) 2:00 Fancy Fingers (CA) 4:15 Daily Chronicle Delivery (RTR)

Independent 30 Leisure Activities 1:30 Bible Study (GR)
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9:45 Music Choir (GR) 31 10:45 Music Therapy Group (TV) 2:00 MenuFest (GR) 3:00 Neurogym (CA) 4:00 Walk and Talk (CY) 7:00 Friendly Visits/1:1s (RTR)

Welcome Spring!

isaiah 61:11

For as the soil makes the sprout come up
and a garden causes seeds to grow,
so the Sovereign Lord will make
righteousness and praise
spring up before all nations.

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Locations Legend	
Common Area (CA)	Dining Room (DR)
Room to Room (RTR)	1 West sunroom (1 W)
Gathering Room (GR)	Off Unit (OU)
Sun Room (SR)	Room (R)
TV Room (TV)	1 West Dining Room (1 DR)
Specialized/1:1 (*)	Celebration Room (CB)
Courtyard (CY)	3E Dining Room (3EDR)
2W Dining Room (2WDR)	2 East Dining Room (2EDR)
2 East sun room (2ESR)	Tollendale Gathering Place (TGP)