

FEBRUARY

Program Therapist:
Divya
2w

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 Calendar Delivery (RTR) 1 6:30 Hymn Sing (2WTV) 7:45 Friendly Visits; Lavender Pillows (RTR)	Groundhog Day Supplies Available In the Sunroom 2 9:45 Music Choir (GR) 1:30 Bible Study (GR) 4:00 Friendly Visits/1:1s (*)	1:00 Specialized Neurogym (CA) 3 2:00 Bingo (SR) 3:30 Drop in - Art and Craft Class (2ESR) 6:30 Friendly Visits/1:1s (RTR)	Supplies Available In the Sunroom 4 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (*) 	Happy Birthday Patricia. T 5 10:30 Montessori Activity (CA) 11:00 Group Exercise (SR) 11:15 Friendly Visits/1:1s (RTR) 1:30 Rosary Group (GR) 1:45 Mental Aerobics (2WTV) 4:00 Sing Along (CA)	Winter Olympics Opening Ceremony 6 10:15 Group Exercise (SR) 11:00 Inspirational Reading (2WTV) 2:00 All Units Bingo (2WDR) 3:00 Music Therapy Group (TV) 4:00 Shake Loose a Memory; Reminiscing Activity (2WTV)	10:30 Ball Toss 7 2:00 Art With Olivia (2W s) 3:30 Friendly Visits/1:1s 
Happy Birthday Italo. C 8 10:30 Reading Group (TV) 2:00 Movie Matinee (TV) 3:30 Resident's choice (RTR)	Independent Leisure 9 9:45 Music Choir (GR) 1:30 Bible Study (GR) 	Happy Birthday Brenda. S 10 10:30 Sparkling Specs (RTR) 1:00 Specialized Neurogym (CA) 2:00 Bingo (2WDR) 3:30 Drop in - Art and Craft Class (2ESR)	8:30 Fried egg breakfast (DR) 11 10:30 Chapel Service (GR) 11:00 Catholic Communion Offering (*) 2:30 Crosswords (SR)	11:00 Group Exercise (SR) 12 1:30 Rosary Group (GR) 3:30 Bowling (SR) 4:00 Hymn Singing (CA) 6:00 Outing:Barrie Colts! *sign ups* (OS)	Happy Birthday Liz. P 13 10:15 Group Exercise (SR) 10:30 Valentine's special (SR) 2:00 All Units Bingo (2WDR) 3:00 Music Therapy Group (TV) 	Valentines Day Independent Leisure 14 2:00 Birthday/ Valentine's day celebration (2ESR)
Independent Leisure 15 	Family Day 16 10:30 Helping Hands 1:30 Bible Study (GR) 2:00 Face Painting with Olivia (GR) 3:30 Daily Chronicles	Shrove Tuesday 17 11:00 Fancy Fingers (SR) 1:00 Specialized Neurogym (CA) 2:00 Bingo (2WDR) 3:30 Drop in - Arts and Crafts (2ESR) 4:00 Resident's choice (RTR)	Ash Wednesday 18 10:30 Ash Wednesday Service (GR) 11:00 Catholic Communion Offering (*) 2:30 Group Crossword (SR) 4:00 Friendly Visits	Happy Birthday Edith. D 19 11:00 Group Exercise (SR) 1:30 Rosary Group (GR) 2:30 Residents Council (GR) 4:00 Hymn Singing (CA) 6:30 Trivia (RTR)	10:15 Group Exercise (SR) 20 2:00 All Units Bingo (2WDR) 3:00 Music Therapy Group (TV) 3:30 Healthy Hands (RTR)	10:30 Montessori 21 2:00 Your Wish Will be Done 3:30 Finish the lines (RTR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Winter Olympics Closing Ceremony 22 10:30 Arts and Crafts (SR) 2:00 Movie Matinee (TV) 4:00 Hymn Singing (CA)	9:45 Music Choir (GR) 23 11:00 Active Games (SR) 1:30 Bible Study (GR) 2:30 Mental Aerobics (CA) 4:00 Shake Loose	10:00 Sing Along (CA) 24 1:00 Specialized Neurogym (CA) 2:00 Bingo (2WDR) 3:30 Drop in - Art and Craft Class (2ESR)	Pink Shirt Day!: Anti-Bullying Awareness 25 10:30 Catholic Mass (GR) 11:00 Catholic Communion (*) 3:30 Ball Toss	11:00 Group Exercise (SR) 26 1:30 Rosary Group (GR) 5:00 Meal Club (SR)	10:15 Group Exercise (SR) 27 11:00 Hymn Singing (CA) 2:00 All Units Bingo (2WDR) 3:00 Music Therapy Group (TV)	Independent Leisure 28
						

Locations Legend

Gathering Room (GR)	2 East sun room (2ESR)
Sun Room (SR)	2 West TV Room (2WTV)
Common Area (CA)	2 west sunroom (2Ws)
Room to Room (RTR)	Dining Room (DR)
TV Room (TV)	Off Site (OS)
2W Dining Room (2WDR)	
Specialized/1:1 (*)	



Happy Birthday

Patricia. T - February 05th
Italo. C - February 08th
Brenda. S - February 10th
Liz. P - February 13th
Edith. D - February 19th



March is the best time to start again, because if the spring can do it, why can't you?

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