| Suggested Clothing List (Seasonal Recommended) | | |
|--|-----|-------|
| Item | Men | Women |
| Housecoat (button or tie-up) | 1 | 1 |
| Pair of Slippers (flat and non-slip) | 1 | 1 |
| Pairs of Shoes/Boots | 2 | 2 |
| Pairs of Socks (loose fitting and all the same colour) | 6 | 6 |
| Changes of Underwear | 6 | 6 |
| Pairs of Pajamas | 5 | N/A |
| Nightgowns/Pajamas | N/A | 6 |
| Undershirts | 6 | 6 |
| Bra | N/A | 4 |
| Pairs of Washable Trousers | 6 | 6 |
| Simple Washable Dresses | N/A | 6 |
| Shirts/Blouse | 6 | 5 |
| Belt | 2 | 2 |
| Jacket | 1 | 1 |
| Hat | 1 | 1 |